

# ThinkFirst

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## National Injury Prevention Foundation

Quarterly | June 2019

The ThinkFirst National Injury Prevention Foundation newsletter is sent four times a year to keep you in-the-know on ThinkFirst updates and injury prevention. This issue highlights the 2019 ThinkFirst Conference on Injury Prevention, sponsors, annual awards, a welcome to new ThinkFirst Chapter Directors and more.



### Annual ThinkFirst Conference on Injury Prevention

*Charting the Course to Zero* was the theme for our April 2019 Conference in San Diego. **Save April 24-26 for our 2020 Conference in Boston!** Attend two days of sessions, enjoy networking events, participate in a community helmet fitting, and recognize honorees at our annual awards ceremony. For 2019 pictures, schedule and sponsors:

[Learn more...](#)



### ThinkFirst Missouri Receives Chapter of the Year Award

We are proud to announce the 2019 ThinkFirst Award winners, including Chapter of the Year, ThinkFirst Missouri. Pictured l-r: ThinkFirst Chairman, Rocco Armonda, MD, Chapter Director Michelle Gibler, PhD, Deana Dothage and past Chairman Mark Spatola, MD. To view pictures and descriptions of all 2019 ThinkFirst Awardees:

[Learn more...](#)



## Community Events and Articles Help Promote Helmet Use

As chapters across the country hold local helmet fitting events, we also come together to hold a national event at each ThinkFirst Conference; here we are pictured in San Diego. Each helmet recipient receives instructions on fitting a helmet correctly; download your copy of ThinkFirst's [Bicycle Safety: Fit Your Helmet](#). For our recent bike safety article published in the National Safety Council Safety First Blog:

[Learn more...](#)



## Warm Weather Highlights Importance of Water Safety

Drowning is the leading cause of injury-related death among children ages 1 to 4, and the third leading cause of unintentional injury-related death for ages 5-19. Drowning can happen to any family; it is quick and silent. To bring attention to the risks of drowning and provide tips for prevention, the American Academy of Pediatrics (AAP) recently updated their water safety guidelines for infants to teens:

[Learn more...](#)



## Think First About Playground Safety

Summer is a time for adventure, fun, and developing new skills on the playground. Whether using a public facility or your own back yard equipment, take precautions to assure your child's safety. According to the [American Academy of Pediatrics](#), lack of supervision is linked to nearly half of all playground injuries. The Centers for Disease Control and Prevention playground safety information includes recognizing a concussion — check out their tips:

[Learn more...](#)



## Welcome New Chapters and Chapter Directors!

ThinkFirst chapter training is available monthly, either online, on site, or at ThinkFirst Conferences. Pictured are training participants at the ThinkFirst Conference on Injury Prevention in San Diego this past April. Please welcome these new 2019 chapters: ThinkFirst Baptist Health-Fort Smith, AR; ThinkFirst Northwest Arkansas TRAC; ThinkFirst Lake County, IL; ThinkFirst Longwood, MA; ThinkFirst BSSNY of NY; ThinkFirst UPMC Hamot, PA. Interested?

[Learn more...](#)



2019 ThinkFirst Conference on Injury Prevention



Dr. Rocco and Heidi Armonda  
 Dr. Hugh and Mary Garton  
 Dr. Mark A. Spatola and Dr. Mihaela Ionescu  
 Tom and Debby Gerhardtstein  
 Dr. Mark Proctor and Dr. Charlotte McKee  
 Dr. and Mrs. E. Fletcher Eyster  
 Dr. and Mrs. Daniel B. Michael  
 Dr. and Mrs. Edward Neuwelt  
 Dr. Uma Samadani  
 Dr. and Mrs. Tetsuo Tatum  
 Dr. Shelly D. Timmons and Dr. Russell A. Carter

Thank You To Our Teen Video Sponsors!



### Thank You to Our 2019 Conference Sponsors

We are so grateful for our sponsors and donors who support our educational conferences, community helmet events, receptions, programs and our mission to prevent injuries. If you'd like to help. . .

[Learn more...](#)

### Join our ThinkFirst For Teens Road Safety Video Sponsors!

ThinkFirst is completing final edits to the next ThinkFirst For Teens video, which focuses on road safety. If you'd like to be among the sponsors shown in the credits, please submit a [Sponsor Form](#).

[Learn more...](#)

## Thank you to our major sponsors:



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