

## ThinkFirst Foundation

Founded in 1986 by the American Association of Neurological Surgeons and the Congress of Neurological Surgeons

The ThinkFirst Foundation is a 501c3 nonprofit organization whose mission is to prevent brain, spinal cord and other traumatic injuries through education, research and advocacy.  
EIN: 36-3730822

For information on conferences, events, programs, chapters or to make a donation: [thinkfirst.org](http://thinkfirst.org).

### ThinkFirst National Injury Prevention Foundation

1801 N. Mill Street  
Suite F  
Naperville, IL 60563  
Phone: 1-630-961-1400  
Email: [thinkfirst@thinkfirst.org](mailto:thinkfirst@thinkfirst.org)

Website: [thinkfirst.org](http://thinkfirst.org)

Dear Friends of ThinkFirst,

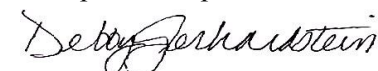
The 2017-2018 fiscal year was constructive for ThinkFirst, marked with collaborating, project planning and grant writing that proved to be transformational for the year to come. ThinkFirst Missouri developed, piloted and tested an educational program for parents of teen drivers that caught the interest of the Illinois Department of Transportation (IDOT), so the ThinkFirst Foundation got to work planning for a similar program in Illinois, and later for other states. Additional highlights include:

<p><b>Board of Directors</b></p> <p>Rocco Armonda, MD Chairman</p> <p>Jill Braselton, RN, BSN</p> <p>David Dornbos III, MD</p> <p>Bruce Gans, MD</p> <p>Hugh Garton, MD, MHSc Medical Director</p> <p>Kim Greene</p> <p>Jason King, Secretary, Stryker</p> <p>Mike McBreen Codman/Integra Lifesciences</p> <p>Daniel Michael, MD, PhD Past Chairman</p> <p>Mark Proctor, MD Past Chairman</p> <p>Lucy Ranus, RN, BSN</p> <p>Robert Reddy Medtronic</p> <p>Amanda Rist, RN, BSN</p> <p>Gail Rosseau, MD</p> <p>Uzma Samadani, MD, PhD, FACS Chairperson-elect</p> <p>Patricia Seibold, Brooks Rehabilitation</p> <p>Jean Signorelli, CPA Treasurer</p> <p>Mark Spatola, MD, FAANS Past Chairperson</p> <p>Dale Spencer, BA</p> <p>Tetsuo Tatsumi, MD, FACS</p> <p>Nicholas Theodore, MD, FACS Past Chairman</p> <p>Shelly Timmons, MD, PhD, FACS, FAANS</p> <p>Debby Gerhardstein, RN, BSN, MA, Executive Director</p>	<p><b>ThinkFirst Programs</b></p> <p>ThinkFirst For Your <b>Baby</b></p> <p>ThinkFirst For <b>Kids</b></p> <p>ThinkFirst For <b>Youth</b></p> <p>ThinkFirst For <b>Teens</b></p> <p>ThinkFirst About <b>Concussion</b></p> <p>ThinkFirst To Prevent <b>Falls</b></p>	<p><b>Chapters* reported:</b></p> <p><b>5,180</b> ThinkFirst injury prevention presentations were given to attendees</p> <p><b>380,000</b> people were fitted with new helmets</p> <p><b>19,647</b> kids &amp; teens learned to TF!</p> <p><b>213,541</b> *58 out of 134 chapters reported</p>
<p><b>2018 ThinkFirst Conference on Injury Prevention</b> April 27-29 New Orleans, LA Co-chairs Donna Cavanaugh and Shai Ewing, Shreveport, LA</p>		
<p><b>2018 ThinkFirst Awards</b></p> <ul style="list-style-type: none"> <li>• <i>Sponsoring Physician of the Year:</i> <b>Hugh Garton, MD</b>, Ann Arbor MI</li> <li>• <i>International Chapter of the Year:</i> <b>Piensa Primero</b>, San Pedro Sula, Honduras</li> <li>• <i>US Chapter of the Year:</i> <b>ThinkFirst Beaumont Hospital</b>, Royal Oak, MI</li> <li>• <i>VIP of the Year:</i> <b>Cecelia Fred</b>, ThinkFirst Navajo Nation, AZ, NM, UT</li> <li>• <i>VIP of the Year:</i> <b>Patrick Severin</b>, ThinkFirst Northwestern Medicine, Winfield, IL</li> <li>• <i>Outstanding Community Involvement:</i> <b>Julie Philbrook, DNP, RN</b> ThinkFirst Minneapolis, MN</li> <li>• <i>Outstanding Research Award:</i> ThinkFirst Missouri-University of Missouri School of Medicine, Columbia, MO</li> <li>• <i>ThinkFirst Injury Prevention Research Award, AANS Abstract Author:</i> <b>Aaron Michael Yengo-Kahn, MD</b>, Nashville, TN</li> <li>• <i>ThinkFirst Injury Prevention Research Award, CNS Abstract Author:</i> <b>Paul Page, MD</b>, Madison, WI</li> </ul>		
<p><b>The 2017 Dr. David and Donna Cavanaugh Distinguished Service and Partnership Award</b> Mark A. Spatola, MD, FAANS and Mihaela Ionescu, MD, Orange Park, FL</p>		

By October 2018, we had been approved for a grant from General Motors for the development of new chapters and the revision of our children's curriculum, and a grant from IDOT to develop the Parents of Teen Drivers program and revise ThinkFirst For Teens — our diligent work paid off! With staff and project funding, we look forward to a productive year ahead.

Thank you to everyone who donated to ThinkFirst this past year. Your support goes directly to program development and chapter training and is vital to our success. On behalf of those who benefit from our programs, thank you for helping people learn to ThinkFirst!

Your partner in prevention,



Debby Gerhardstein, RN, BSN, MA  
Executive Director

# Thank You To Our Valued Contributors July 1, 2017—June 30, 2018

## **\$10,000 and above**

AANS/CNS Joint Section, Neurotrauma  
and Critical Care  
Dr. David and Donna Cavanaugh  
Hugh Garton, MD  
Medtronic, Inc.

## **\$5,000 - \$9,999**

Brooks Rehabilitation  
Dr. and Mrs. Bruce Gans  
Integra Foundation  
Johnson & Johnson  
MicroVention Terumo  
Drs. Mark R. Proctor and Charlotte McKee  
Drs. Mark Spatola and Mihaela Ionescu  
Stryker Instruments

## **\$2,500 - \$4,999**

Dr. and Mrs. E. Fletcher Eyster  
KLS Martin  
Dr. Daniel and Melinda Michael  
Dr. Nicholas and Effie Theodore

## **\$1,000 - \$2,499**

Dr. Russell and Pamela Amundson  
Dr. Rocco A. and Heidi Armonda  
Capitol Surgical LLC  
Tom and Debby Gerhardstein  
Grinbath, Inc.; EyeGuard  
Louisiana Neurosurgical Society, Inc.  
Joseph C. Maroon, MD  
Dr. Tetsuo and Cindy Tatsumi  
The Central National-Gottesman  
Foundation  
Michael Turner, MD

## **\$500 - \$999**

Drs. Ronald I. Apfelbaum and  
Kathleen A. Murray  
Child Safety Solutions, Inc.  
Jason and Kelly King  
Kavin Muraszko MD  
Network for Good  
Northwestern Medicine  
PayPal Charitable Giving Fund  
Drs. Richard and Gail Rosseau  
Drs. Shelly Timmons and Russell Carter

## **\$250 - \$499**

Andrew Stewart Levy, MD  
William and Catherine Miele  
Steven and Elizabeth Murray  
Joal and Lucy Ranus  
Bob and Lee Shannon  
Hernando Torres, MD  
Alex B. Valadka, MD, FACS  
M. Eileen Widmer and  
Albert Treado

## **\$100 - \$249**

Yolanda A. Cillo MD, MBA  
Combined Federal Campaign  
Virginia Corrigan  
John and Pamela Dalby  
Lynn Do  
Deana Dothage  
Bruce A. Everett, MD  
Michelle Gibler, PhD  
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John E. "Jack" Kelly  
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Norman B. Barr Camp Inc.  
Uzma Samadani, MD, PhD  
Arlene Sieling  
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Jeff Spencer  
Christopher & Kathleen Szczech  
Chrissie and Danny Warner  
Wehrl's Vacuum Center  
YourCause LLC  
Julius D. Zant, MD

## **\$99 and below**

J. Martin Barrash, MD  
Scott and Lisa Bastian  
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C. Wesley and Benita Bellamy  
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Thomas and Marianne Kuhn  
Ken and Jane Laurie  
Anne and Glen Lincoln  
Manning, Silverman & Company  
Mary Mikhailov, MD  
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Julie Philbrook, RN, DNP  
Nena Ray, LPN  
Jacqueline D. Reuland  
Amanda Rist, RN  
Pat Seibold  
William D. Sherman, MD  
Mary Spencer  
Wil and Edith Streams  
Andrea Williams

## **Honor Tributes**

In honor of Debby Gerhardstein  
Nena Ray, LPN

In honor of Grace Gerhardstein  
Nena Ray, LPN

In honor of Krista Jones  
Nena Ray, LPN

In honor of Stephanie Lambers,  
Nena Ray, LPN

In honor of Dale Spencer  
C. Wesley and Benita Bellamy

## **Memorial Tributes**

In memory of Lauren Courtney  
Bob and Lee Shannon

In memory of Vladimir Mikhailov  
Mary Mikhailov MD

In memory of Bill Morrison  
Tom and Debby Gerhardstein  
Bonnie Jean Morrison

In memory of Seymour Proctor  
Tom and Debby Gerhardstein

In memory of Robert J. Sieling, MD  
Arlene Sieling

In memory of Muriel Campbell Torres  
Hernando Torres, MD

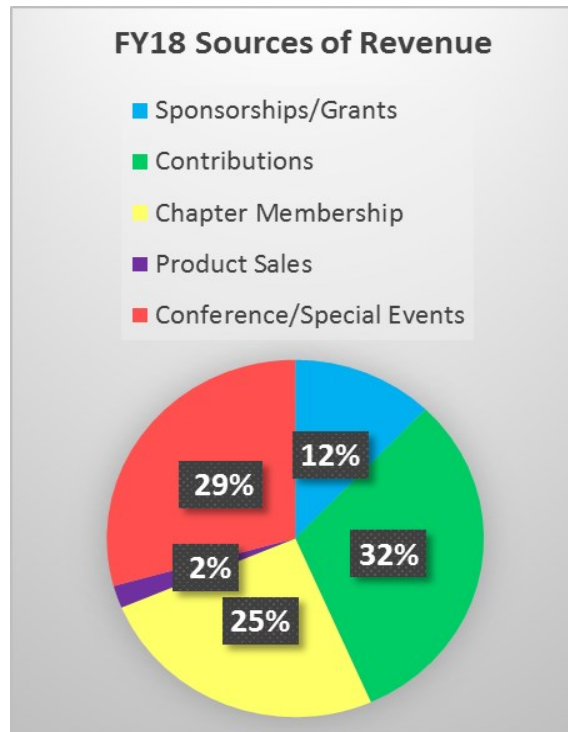
In memory of Seibert Tucker  
Deana Dothage

## **In-kind Donors**

American Association of Neurological  
Surgeons  
Congress of Neurological Surgeons  
Fromm Airpad  
Morgan, Louis & Bockius, LLP

Every effort is made to insure the accuracy  
of our contributor list. We regret any  
errors or omissions.

Balance Sheet		6/30/18
<b>Assets</b>		
Cash and Investments		13,312.00
Other Current Assets		45,063.00
Insurance Policies		459,507.00
<b>Total Assets</b>		<b>517,882.00</b>
<b>Liabilities and Net Assets</b>		
<b>Liabilities</b>		
Accounts Payable and Accrued Exp.		29,894.00
Long-Term Debt		389,941.00
<b>Net Assets</b>		<b>98,047.00</b>
<b>Total Liabilities and Net Assets</b>		<b>517,882.00</b>
<b>Statement of Activities and Changes in Net Assets</b>		
Total Revenues		249,766.00
Total Expenses		264,003.00
Revenues over Expenses		(14,237.00)
Net Assets (Deficiency), Beginning of Year		112,284.00
Net Assets, End of Year		98,047.00



## ThinkFirst Programs

[www.thinkfirst.org](http://www.thinkfirst.org)

### ThinkFirst For Kids

Assembly presentations to grades 1-3 utilize animated characters, gelatin brains and other age-appropriate ways to introduce the importance of protecting the brain and spinal cord. Use of helmets, booster seats and pedestrian safety stressed.

### ThinkFirst For Youth

Students in grades 6-8 hear from VIP speakers — Voices for Injury Prevention — about how an injury to the brain or spinal cord changed their life. Injury prevention professionals and VIPs give presentations in science classes or assemblies.

### ThinkFirst For Teens

High school and college students who are new, inexperienced drivers benefit from additional information on traffic safety. VIPs help them realize this could happen to anyone; the key is to buckle up and drive safely to protect themselves and others.

### ThinkFirst About Concussion

Concussion awareness, recognition and management is important for everyone to know. This program can be presented to grade 6 through adult, in any setting: health or science classes, athletic groups or as a hospital community education program.

### ThinkFirst To Prevent Falls

Falls are a leading cause of injury for older adults and others at risk for falls. This basic introductory class can be given in a 1-hour or 2 1/2-hour class at hospitals, independent living centers or at other community settings, complete with useful handouts for attendees.



### ThinkFirst For Your Baby

ThinkFirst For Your Baby is a four-hour class for new and expectant parents, covering a wide range of topics on protecting infants and establishing family safety practices. Topics cover car seat use, safe sleep, SIDS, Shaken Baby Syndrome, household hazards and more.

**Headquarters:** Naperville, Illinois

## ThinkFirst Chapter Locations

### National

Alabama  
Birmingham  
Mobile  
Arizona  
Chandler  
Phoenix  
Tucson  
California  
Chico  
Los Angeles  
Loma Linda  
Redding  
San Diego  
Santa Barbara  
Colorado  
Frisco  
Lakewood  
Vail  
Connecticut  
New Britain  
Wallingford  
Delaware  
Dover  
Newark  
Wilmington  
District of Columbia  
Washington DC (two chapters)  
Florida  
Fort Pierce  
Jacksonville (two chapters)  
Orange Park  
Orlando  
Pensacola  
Georgia  
Atlanta  
Idaho  
Boise  
Coeur d'Alene  
Illinois  
Carbondale  
Chicago  
DeKalb  
Palos Heights  
Peoria  
Quincy  
Springfield  
Winfield  
Indiana  
Bloomington  
Evansville  
Fort Wayne  
Indianapolis (three chapters)  
Richmond  
South Bend  
Terre Haute  
Kansas  
Topeka

Kentucky  
Lexington  
Owensboro  
Louisiana  
Shreveport  
Maryland  
Baltimore  
Silver Spring  
Massachusetts  
Boston  
Michigan (21 chapters)  
Ann Arbor (two chapters)  
Bad Axe  
Detroit (three chapters)  
East Lansing  
Grand Blanc  
Grand Rapids  
Ithaca  
Jackson  
Kalamazoo (two chapters)  
Livonia  
Midland  
Mt. Clemens  
Pigeon  
Pontiac  
Royal Oak  
Saginaw  
Trenton  
Minnesota  
Duluth  
Minneapolis  
St. Paul  
Mississippi  
Gulfport  
Missouri  
Columbia  
Joplin  
Kansas City  
Springfield  
St. Louis  
Montana  
Billings  
Nebraska  
Lincoln  
Omaha  
Nevada  
Reno  
New Hampshire  
Portsmouth  
New Jersey  
West Orange  
New Mexico  
Albuquerque  
Navajo Nation  
New York  
Brooklyn  
New Hyde Park  
Poughkeepsie  
Utica  
West Haverstraw  
White Plains  
North Carolina  
Charlotte

Ohio  
Canton  
Cincinnati  
Cleveland  
Columbus  
Gallipolis  
Zanesville  
Oklahoma  
Oklahoma City  
Oregon  
Portland  
Pennsylvania  
Bethlehem  
Danville  
Hershey  
Hummelstown  
Philadelphia (two chapters)  
Wilkes-Barre  
South Carolina  
Aiken  
Charleston  
Columbia (two chapters)  
Conway  
Florence  
Greenville  
Spartanburg  
West Columbia  
Tennessee  
Knoxville  
Texas  
Frisco  
Harlingen  
The Woodlands  
Washington  
Tacoma  
West Virginia  
Charleston  
Wisconsin  
Green Bay  
Janesville  
Madison  
Manitowoc  
Summit

### International

Algeria  
Canada (sixteen chapters)  
Chile  
Colombia  
Guinea  
Honduras  
India  
Italy  
Jamaica  
Jordan  
Korea  
Mexico (two chapters)  
Nigeria  
Pakistan  
Peru  
Qatar  
Senegal  
Singapore  
Taiwan