We're halfway through our Summer Drive, but quite a distance from our goal. Check out this week's features and use the links at left to access this week's safety information. Then help move our little red car to $30,000 by making a donation to the ThinkFirst Foundation today! Your support is needed and deeply appreciated in our efforts to reduce traumatic brain and spinal cord injuries.

**ThinkFirst About Concussion!**

In addition to general injury prevention programs, ThinkFirst chapters offer ThinkFirst About Concussion (TFAC) to middle school, high school and college students and athletes. Programs are given to health classes or to athletic groups before a sports season with the objective that students will be better prepared to prevent, recognize and respond correctly to signs and symptoms of concussion. For information on concussion and scheduling a program click here.

Concussion brochures are available in packs of 100 for free, shipping fee only, while supplies last, thanks to a grant from the American Legion Child Welfare Foundation. To order click here.

**2016 Outstanding Research Award: TriHealth, Cincinnati**

ThinkFirst's Outstanding Research Award recognizes chapters for evaluating their programs and publishing injury prevention research. The recipient of this year’s Outstanding Research Award was the TriHealth ThinkFirst Injury Prevention Program in Cincinnati, Ohio. Accepting for their chapter were co-directors Stephanie Lambers and Krista Jones. The award was presented by Mark Spatola, MD, Chairman, ThinkFirst Foundation on May 1, 2016 in Chicago.

The TriHealth Multifaceted Fall Prevention Study was conducted in Green Township, Ohio from October 2014 to September 2015. The purpose of the study was to analyze the effects of a multifaceted fall prevention program called Stepping On. Results indicated that 40.5% of people in the intervention group had a reduced number of falls after the program, coupled with a home visit and home modifications. Read more.

Krista and Stephanie serve on the ThinkFirst Falls Committee, which recently created ThinkFirst to Prevent Falls (TFPF). TFPF provides concise one or two and one-half hour presentations that introduce the basic principals of preventing falls. The program includes handouts and resources for more extensive programs like Stepping On (a 7 week program).

Later in May, TriHealth ThinkFirst celebrated 30 years as a ThinkFirst chapter. Bob Meister was one of many recognized for their ThinkFirst work. Bob has one of the longest histories with TriHealth ThinkFirst, working with the chapter since its beginnings as a VIP speaker, Voice for Injury Prevention. Bob has shared his experience of living with a spinal cord injury with thousands of students, to help teens Think First to prevent traumatic injuries.
To donate by mail or phone:

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